



وزارة التربية
Ministry of Education
State of Kuwait | دولة الكويت



Workbook

Origin to Outlook

Grade
10A



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سَمُو الشَّيْخِ صَبَّاحٍ كَهْدٍ الْحَمَادِ السَّبَّاحِ
وَلِيِّ مَعْهُدِ دَوْلَةِ الْكُوَيْتِ

H. H. Sheikh Sabah Khaled Al-Hamad Al-Sabah
Crown Prince Of The State Of Kuwait

Student Performance Follow-up Sheet

Unit 1	Date:
	Teacher's Remarks
	Parent's Signature:
Unit 2	Date:
	Teacher's Remarks
	Parent's Signature:
Unit 3	Date:
	Teacher's Remarks
	Parent's Signature:
Unit 4	Date:
	Teacher's Remarks
	Parent's Signature:

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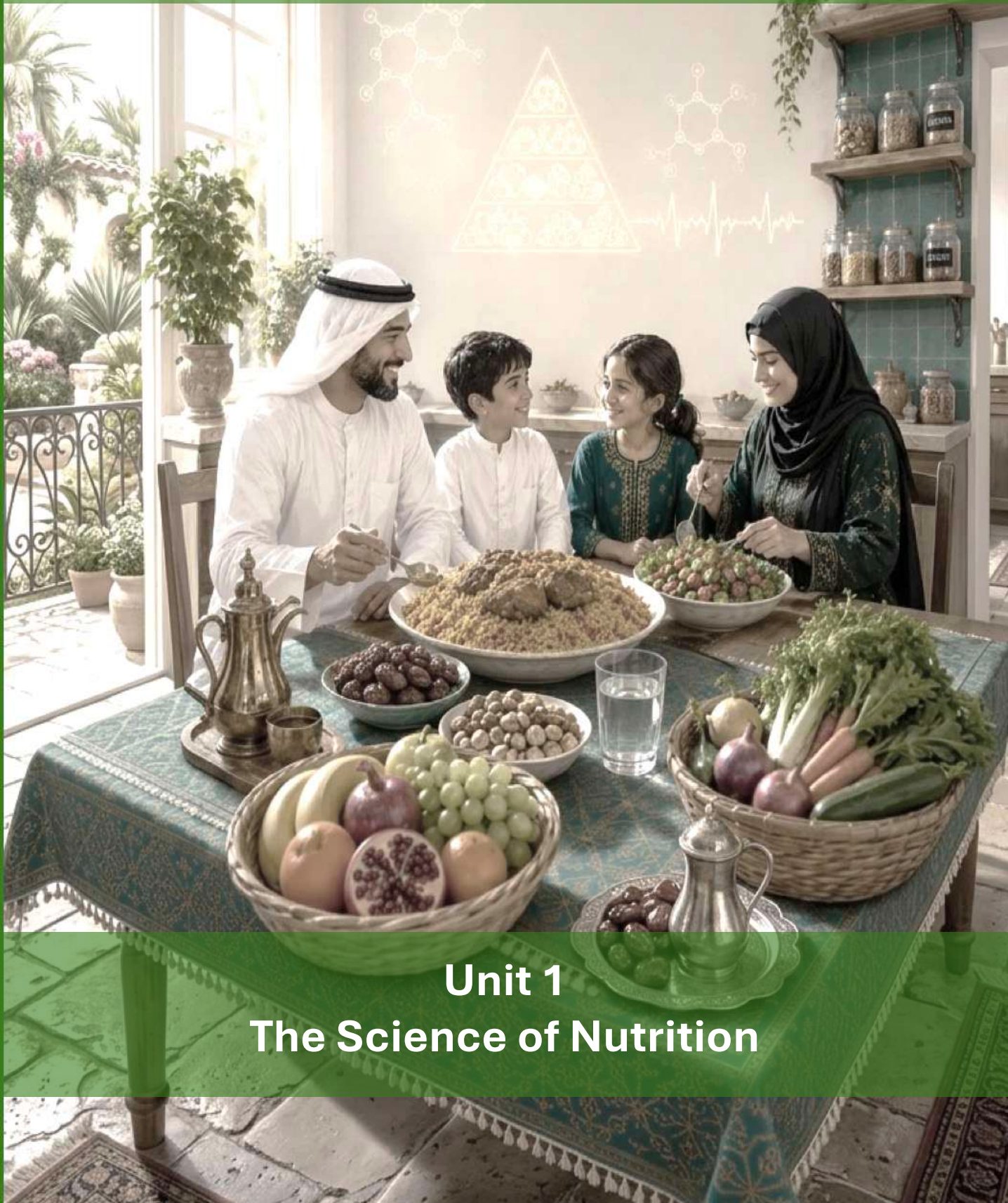
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Module One: The Sustainable Self



Unit 1 The Science of Nutrition

1 Answer the following 'Digital Detox' poll.

1. I check my phone in the first 5 minutes after waking up.
2. I feel the need to respond to notifications immediately.
3. I limit screen time during the day by putting my phone away.
4. I use my phone as a tool for knowledge and time management.



Compare your answers with a partner. What do you have in common?

2 Use the underlined clues to match each sentence with the suitable reason for using the present simple.

Sentence		Reason
1. I have a Pilates class at ten o'clock tomorrow morning.	(4)	stative verb
2. The old man goes to the mosque for every prayer.	()	fact
3. Temperatures in summer reach 50 degrees Celsius in Kuwait.	()	habit
4. He promises to hand in his homework on time.	()	verbs of sensing
5. This slice of cheese smells a bit strange. Maybe it's gone bad.	()	fixed events

3 Circle the correct form of the verbs and the adverbs of frequency.

In today's digital world, many teenagers depend on technology in their daily lives. Ali, a Grade 10 student, (1. **check/checks**) his smartphone as soon as he wakes up. He (2. **always/never**) checks the school's social media before leaving in the morning. Ali and his classmates (3. **use/uses**) online tools to help with their homework, and they (4. **often/never**) ask AI apps for explanations when a lesson is difficult. During school hours, he (5. **do not use/does not use**) his phone because it is not allowed in class. After school, Ali (6. **never/sometimes**) joins virtual study groups, and he (7. **completes/complete**) his assignments online. He and his friends (8. **do not play/does not play**) video games on weekdays.

4 Challenge your partner to write the full answer to the following questions within 20 seconds.

1. Does water boil at 100 degrees Celsius?.....
2. Does the Sun move around the Earth?
3. Do lions live in groups called prides?
4. Do all fish lay eggs?

Remember

Adverb placement is before the main verb and after the verb (be).

5 Balancing school pressure and free time is a problem for some students. Give one piece of advice for the following situations.

- **Situation 1:** "I usually panic and study one night before the exam."
Advice: Don't panic and always schedule your studying time.
- **Situation 2:** "I can't balance doing my schoolwork and having time to relax at home."
Advice:
- **Situation 3:** "I like to join school activities, but I do not have time to spend with my friends at school."
Advice:

1 Find, then highlight, all the words from the list in the word search grid.

G	H	C	O	N	S	U	M	E	K	C	N
S	F	B	T	B	E	S	T	O	W	W	O
J	R	O	U	T	I	N	E	L	Y	U	T
P	R	I	O	R	I	T	I	S	E	R	A
H	F	A	T	T	I	T	U	D	E	G	B
O	J	S	T	I	M	U	L	A	T	E	L
N	U	T	R	I	T	I	O	N	P	F	E

ATTITUDE
BESTOW
CONSUME
NOTABLE
NUTRITION
PRIORITISE
ROUTINELY
STIMULATE
URGE

2 Complete each sentence with the correct word from the list below.

(nutritious / pledge / affordable / portion / swap / resist)

1. She made a to study harder this year.
2. Can we books? I want to read yours.
3. He could not the temptation to ride a bike.
4. Eating meals helps you stay active and healthy.
5. The waiter served a small of meat to the bodybuilder.



3 Match words in column A with their definitions in column B.

A		B
1. aroma		(of food) making your stomach feel full
2. preservatives		to put something in liquid for a time so that it becomes completely wet
3. soak		a pleasant smell that is easy to notice
4. filling		a substance used to prevent food or wood from decaying

4 Challenge yourself and use as many words as you can from the exercises above to create a meaningful sentence.

Example: I prioritise my nutrition by consuming healthy, filling foods.

A **run-on sentence** happens when two or three complete sentences are joined incorrectly without correct punctuation or a linker. This makes the writing unclear and hard to read.

Here are three ways to fix a run-on sentence:



Run-on Sentences	Correct with a full stop 	Correct with a linker 	Correct with a full stop + linker + comma 
My phone battery was low I charged it.	My phone battery was low. I charged it.	My phone battery was low, so I charged it.	My phone battery was low. Therefore , I charged it.

1 Which of the following sentences is a run-on sentence? Justify your answer.

- a. I studied hard. I want to pass the exam. b. I studied hard I want to pass the exam.
c. I studied hard; I want to pass the exam. d. I studied hard because I want to pass the exam.

2 Fill in the blanks with the correct linker from the word bank below.

- **Conclusions**
- **Showing Results**
- **Adding Ideas**

FAM

- ☐ Furthermore, ...
☐ Also, ...
☐ Moreover, ...

STC

- ☐ So, ...
☐ Therefore, ...
☐ Consequently, ...

IUT

- ☐ In summary, ...
☐ Ultimately, ...
☐ To conclude, ...

3 Rewrite the sentences using the correct punctuation and capital letters for the linkers.

- Many students depend on technology therefore they sometimes forget how to solve problems independently.
.....
- The city has improved public transport consequently fewer people are using private cars.
.....
- Clear communication helps people work together successfully ultimately it leads to stronger relationships.
.....

4 Each of the following sentences contains two or three ideas written incorrectly as one run-on sentence. Rewrite each sentence, using correct punctuation, capital letters, and linkers from the word bank.

1. Reading books improves vocabulary it helps students write better.



2. Exercise improves physical health it reduces stress it supports both the body and the mind.



3. Teamwork teaches us to listen it helps us share ideas it builds good communication skills.



1 Underline the mistake (verb to be). Then correct it in the space provided.

1. She are sewing a blanket for the baby.
2. I is baking a sourdough loaf in the oven.
3. They am playing padel in the court now.
4. He are watching the live football game on TV.

2 Correct the verbs in brackets using the present continuous.

1. My friend (wait) for me outside now.
2. We (not study) today because it's a holiday.
3. I (read) a novel by my favourite writer at the moment.
4. Look! The gardener (water) the flowers and plants behind the fence.
5. Be careful! The builders (work) at the construction site with heavy machines.

3 Look at the picture and ask 3 different questions using the present continuous tense.

1.?
2.?
3.?



4 Complete the following sentences using the negative present continuous.

1. I am wearing sports clothes, but...
.....
2. The man is holding a camera, but...
.....
3. Our teacher is holding a red pen, but...
.....
4. The brothers are sitting around the table, but...
.....



Think. Connect. Grow.
If it feels difficult, that means you are learning.

5 Order the adjectives in brackets.

1. He is driving a **(German/new/fast)** car.
2. They live in a **(white/modern/big)** house.
3. I don't have a **(leather/black/square)** bag.
4. Why do you need a **(brown/wooden/round)** table?
5. Do you have a **(support/rectangular/comfortable)** pillow?

6 Describe the picture using three different adjectives.

1.
2.
3.



Welcome to the Language Lab where players complete five language challenges to earn points.

Codebreaker (10 ♦ Points)

- 1 Use the glossary to look up and write the correct part of speech and definition for the following words.

	Word	Part of Speech	Definition
1	affordable		
2	indeed		
3	inflammation		
4	tempting		
5	still		

Lexicon Lockdown (15 ♦ Points)

- 2 Fill in the gaps with the suitable words from the list.

(stroll / overlook / decade / biological / legumes / sustainable)

Over the past, people have become more interested in living a/an, lifestyle. Many have started to eat more, like beans and lentils because they are both healthy and eco-friendly. Experts warn that people should not, the small choices that make a big difference. In their free time, some people, around to stay active and enjoy nature.

Word Lab (20 ♦ Points)

- 3 Study and complete the table below with the suitable words.

Noun	Verb	Adjective	Adverb
.....	affect	effective	
.....		personalised	personally
organisation			organisationally
.....	assign		No Adverb

Decode, Describe, Deliver (55 ♦ Points)

- 4 Describe the picture. Write as many meaningful sentences as possible using the words provided below.



(chemically / hurdles / process / substance / break down)

.....

.....

.....

Mission Accomplished!

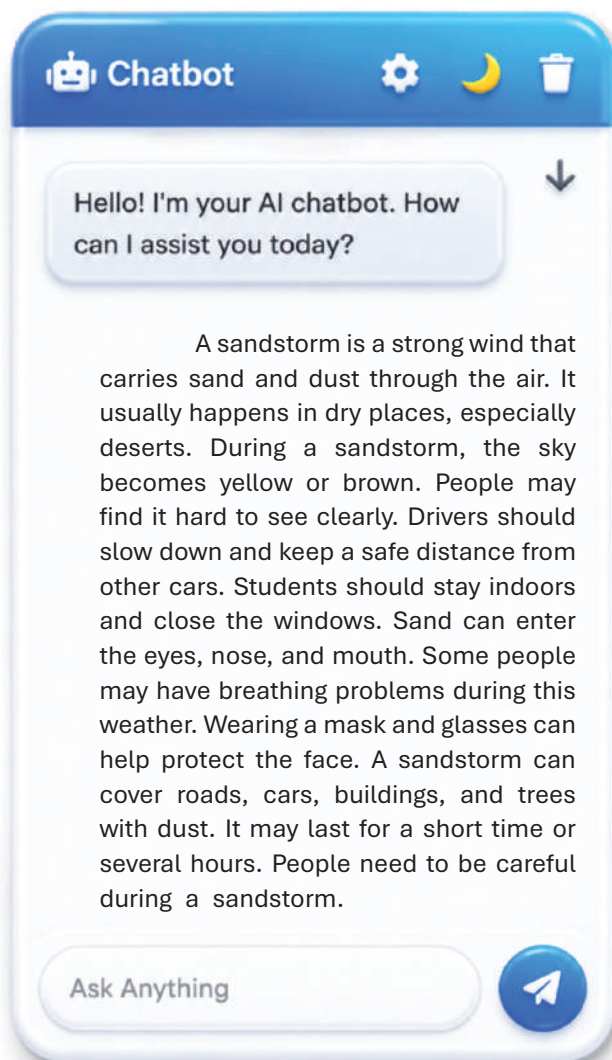
You have successfully completed the Language Lab challenges!



Steps for writing a summary:

- Identify the key ideas.
- Keep the meaning of the original text, using synonyms where possible.
- Use linkers and their correct punctuation to avoid run-on sentences.
- Remove unnecessary ideas, examples, and opinions.

1 Read the following text.



2 Write a clear AI prompt in the (Ask Anything) bar above, asking the chatbot to summarise the passage.

3 Read the AI-generated summary. Improve it by adding punctuation, linkers, and missing important details from the original text.

A sandstorm is strong wind it carries sand and dust. It happens in dry places. The sky becomes yellow or brown people cannot see clearly. Drivers should slow down students should stay indoors. Sand can enter the eyes nose and mouth. Some people may have breathing problems wearing a mask can help. A sandstorm can cover roads cars and buildings. People need to be careful.

4 Rewrite the summary in your own words in four to five clear sentences.

Self-assessment Checklist

- ☐ I included the main idea.
- ☐ I removed unnecessary details.
- ☐ I used correct punctuation.
- ☐ I added suitable linkers.
- ☐ I did not change the meaning.

Writing Prompt

Many students underestimate the direct connection between what they eat and how they perform in the classroom, often rushing through meals while distracted by devices.

Plan and write an expository essay of **no fewer than 12 sentences (around 120-140 words)**, explaining **the physical and academic benefits of mindful eating**.

I. Introduction

.....

II. Body Paragraph 1:

Topic Sentence:

Supporting Detail 1:

.....

.....

Supporting Detail 2:

.....

.....

III. Body Paragraph 2:

Topic Sentence:

Supporting Detail 1:

.....

.....

Supporting Detail 2:

.....

.....

IV. Conclusion

.....

.....

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

Peer Check:

1. **Clarity:** Is it clear what 'mindful eating' is?
2. **Organisation:** Does it follow the structure (Introduction, Body, Conclusion)?
3. **Vocabulary:** Did they use at least two words related to health or academic performance?

1 Choose the correct answer from a, b, c or d.

1. The engineer his new laptop for the latest model.
a) bestowed b) swapped c) urged d) subsidised
2. The patient suffered from after months of a poor diet.
a) malnutrition b) decade c) organisation d) stroll
3. The two substances are identical physically, but they react in a different way.
a) indeed b) still c) routinely d) chemically
4. This local business sells stylish, good-quality clothes at prices.
a) filling b) personalised c) affordable d) wholesome
5. After the heavy rain, the garden had the sweet of jasmine flowers.
a) aroma b) fatigue c) attitude d) pledge

Quick tips for answering vocabulary MCQs

- ✓ Read the whole sentence first. Do not jump to the choices.
- ✓ Look for clue words: that is, or, but, for example, because.
- ✓ Read all answer choices, even if one looks right at first.
- ✓ Eliminate answers that do not fit the sentence meaning or grammar.
- ✓ Substitute each remaining choice into the sentence to see which sounds correct and natural.

2 Fill in the gaps with the suitable word from the list.

(notable / tempting / portion / assign / hurdle / soak)

6. To get the best results, the beans in water overnight before cooking.
7. Fear from loneliness is often a serious for many elderly people.
8. His graduation speech had a /an effect on the audience as they burst into tears.
9. The government will a team of experts to improve transportation services.
10. It is to stay in your cosy warm bed during cold mornings in winter.

3 Choose the correct answer from a, b, c or d.

1. They go to the beach on the weekends during summer. They didn't skip any.
a) always b) never c) often d) rarely
2. The team a workshop that focuses on improving communication skills now.
a) attends b) is attending c) had attended d) attended
3. do you usually spend your free time?
a) What b) Who c) Where d) How long
4. My brothers walk to work every morning, they drive their own cars.
a) weren't b) don't c) won't d) didn't
5. Public gardens usually regular maintenance to stay clean and safe for visitors.
a) are needing b) needed c) need d) will need

4 Choose the correct answer from a, b or c.

6. My grandmother bought a/an (**old/ ceramic/ small**) vase. **(Reorder the adjectives)**
a) My grandmother bought an old ceramic small vase.
b) My grandmother bought a ceramic old small vase.
c) My grandmother bought an old small ceramic vase.
7. The family members watch television during dinner. **(Make negative)**
a) The family members do not watch television during dinner.
b) The family members did not watch television during dinner.
c) The family members have not watched television during dinner.
8. Environmentalists are trying to reduce the amount of plastic we use every day. **(Ask a question)**
a) What do environmentalists try to do?
b) What are environmentalists trying to do?
c) What will environmentalists try to do?
9. The public library usually (**provide**) valuable resources for students. **(Correct the verb)**
a) The public library usually is providing valuable resources for students.
b) The public library usually provides valuable resources for students.
c) The public library usually provided valuable resources for students.
10. Look! The artist (**draw**) a very detailed painting. **(Correct the verb)**
a) Look! The artist draws a very detailed painting.
b) Look! The artist drew a very detailed painting.
c) Look! The artist is drawing a very detailed painting.

- 1 With a partner, carefully study the STAR table below.

S	Spot	Read the sentences slowly, then spot the little words (he, she, it, this, they).
T	Tell	Tell who/what it points to (He = Tom, She = the mother, it = a door, etc.)
A	Ask	Ask if it makes sense with the noun.
R	Review	Review the previous sentence if unsure.

- 2 Read the passage carefully, then answer the tasks that follow.

A small neighbourhood has a free little library on a busy corner. This tiny box holds books for everyone. People from the street can take a book or leave one; it is simple and friendly. The box sits under a tree, and it has a sign with rules that are easy to follow. Neighbours bring novels, picture books, and magazines, and they place them on the small shelves inside. Children love this library because they can choose a story to read at home. Parents often check the box when they walk by, and many of them donate books that their families have finished. On weekends, volunteers tidy the area and fix any broken parts, so the box stays safe and neat. Some people add small notes inside to recommend titles; others write short reviews on paper and pin them to the door. If a book is missing, the volunteers ask nearby shops to keep an eye out for it. The free little library connects people who live nearby and helps everyone share books at no cost. It shows how a small idea can make a big difference in a community.



- 3 Choose the correct answer from a, b, c, or d.

1. What does the underlined word 'it' in the 2nd line refer to?

- a) the street b) the box c) a book d) the street

2. The underlined word 'they' in the 4th line refers to:

- a) neighbours b) novels c) picture books d) magazines

3. What does the underlined word 'their' in the 6th line refer to?

- a) parents b) children c) shelves d) magazines

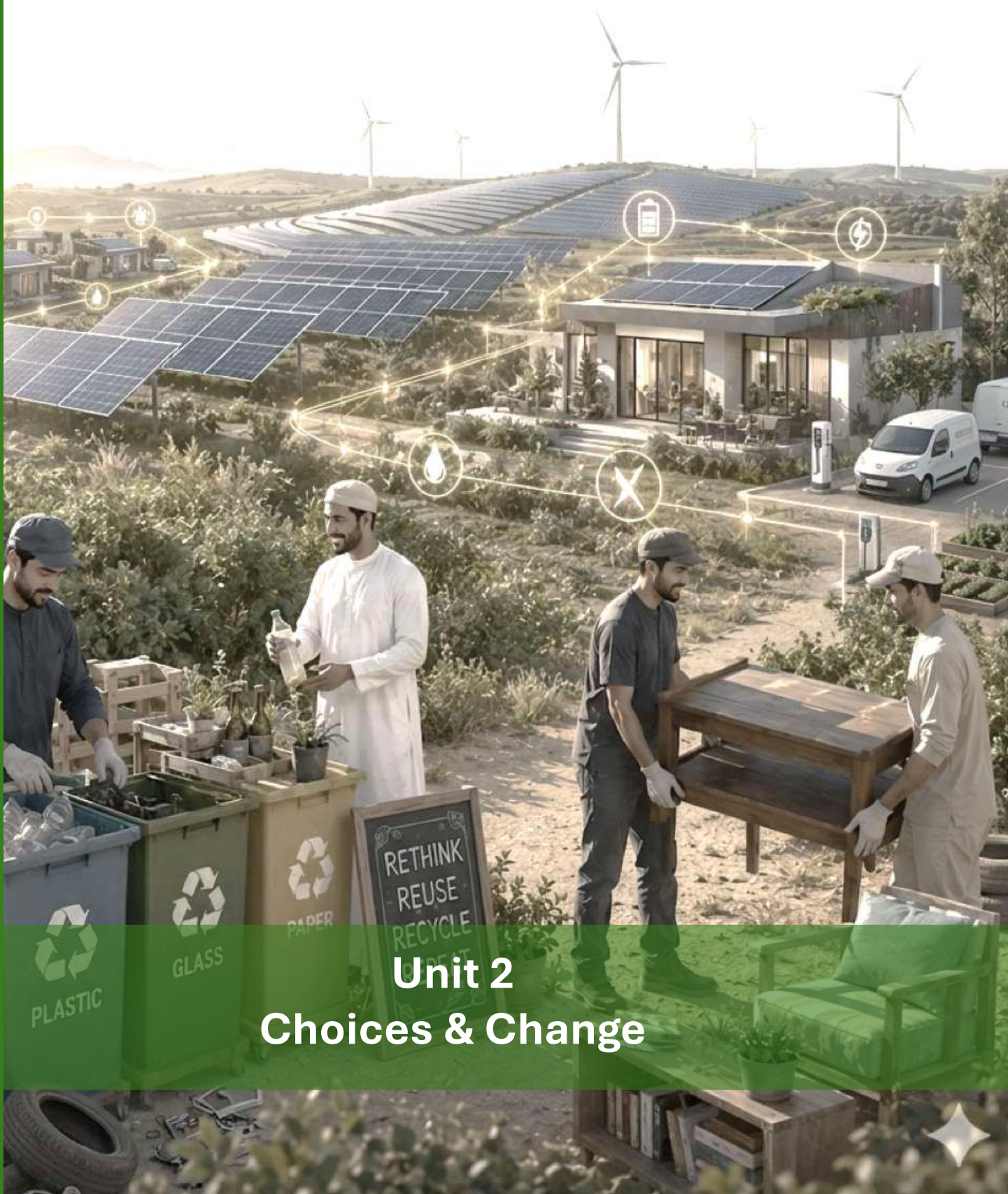
4. What does the underlined word 'them' in the 8th line refer to?

- a) broken parts b) titles c) people d) short reviews

5. The underlined word 'who' in the 9th line refers to:

- a) families b) people c) volunteers d) parents

Module One: The Sustainable Self



Unit 2 Choices & Change

We use the **Present Perfect Simple** to talk about actions or experiences that began in the past and continue to affect the present. The following keywords answer the following questions:

1 Rearrange the words to make a correct present perfect sentence. Use correct punctuation.



How recently? (just – lately)

Very recently, in recent times

1. he / arrived / to the library / has / just
.....



Did it happen? (already – yet)

Before the expected time, not yet

2. have / seen / yet / not / the latest movie / I
.....



How long? (since – for)

Started in the past, still true now

3. has / my family / since / lived / in this area / 1980
.....

2 Correct the verbs in brackets using the present perfect simple.

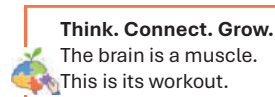
1. I (*just – buy*) a new laptop for school.
2. The football teammates (*start*) playing together lately.
3. My brother (*already – prepare*) the presentation for class.
4. The professor (*teach*) at Kuwait University for over 10 years.

3 Read the answers in the table below. Then, write their questions in the present perfect simple.

	Questions	Answers
1		We played tennis together since 2019.
2		My mother has already cooked a delicious meal.
3		I have read many interesting books lately.

4 Find the mistakes in the following sentences. Rewrite the sentences correctly.

1. He have already spend all his pocket money.
.....
2. The artists has not finish their paintings for the competition yet.
.....
3. I has just update my profile on a social media site.
.....



5 Complete these sentences with true information about yourself. Be creative!

1	I have	2	I have
			

Welcome to Eco-Lab Escape! In groups, solve the four language challenges to earn the green badge.

Vocabulary Vault

- 1 Match the following words with their correct definition.

A	B
1. second-hand	a tall structure with blades that are blown around and produce power
2. unplug	in every way possible; completely
3. wind turbine	to take the plug of a piece of equipment out of the place connected to an electricity supply
4. entirely	not new; owned by somebody else before

Habitat Gap Relay

- 2 Fill in the gaps with the correct words from the list below.

(unnecessary / power grid / converted / concept / injured / reusable)

- My favourite player his knee during the last football match.
- The engineers worked all night to restore the after the storm.
- The architect introduced an interesting for the redesign of the mall.
- The supermarket encouraged buyers to bring bags instead of using plastic ones.
- Adding too much sugar to a recipe is if most of the ingredients are already sweet.

Word-Form Workshop

- 3 In groups, classify the listed words under their word-family headings. Then, complete the table below.

power
power
powerful
powerfully

decide
decisive
decisively
decision

alternatively
alternate
alternative
alternative

	Noun	Verb	Adjective	Adverb
1				
2				
3				

Field Photo Probe!

- 4 Describe the picture. Write as many meaningful sentences as possible using the words provided below.



(entirely / tailor / expertise / ideal / ambitious)

.....
.....

Mission Accomplished!

**You have solved the language challenges and completed
Operation: Green Communicator!**

Capitalisation means writing the first letter of a word in upper case (A, B, C...). Using capital letters correctly makes your writing clear, accurate, and professional.

The Rules of Capitalisation

The Rule		Example	The Rule		Example
1	The first word of every sentence	The project produces clean energy.	6	The pronoun I	My friend and I visited a recycling centre.
2	People's names	Ahmed and Bader designed a new project.	7	Place names (countries, areas)	Kuwait City , Saudi Arabia , the Middle East
3	Institutions and organisations	Kuwait Institute for Scientific Research	8	Acronyms and abbreviations	KISR , GCC , the UAE
4	Nationalities and languages	Chinese , Irish (nationality), Arabic , French (language)	9	Days, months , and public holidays	Friday, March , National Day
5	Titles before names	Dr Khaled, Mrs Salwa, Prof. Hasan	10	The first word of a quote	The teacher said, " Sustainability is the future."

- 1 Read the paragraph below. Find the missing capital letters. Highlight the words and rewrite them below.

last tuesday, dr salem gave a talk at kuwait university about the shagaya renewable energy park. he explained that kISR has already made great progress since 2019.

- 2 Write four sentences about a topic of your choice. Use at least one capitalisation rule. Underline the capital letters and write the rule.

Sentences	Rule
1.	
2. <u>My</u> friends are going to <u>D</u> ubai this weekend.	1 st word, place name
3.	
4.	

- 3 Write a prompt asking an AI chatbot about the rules of capitalisation. Write the rules not listed in the table above.



Ask Anything:

Your Findings:

We use the **1st If Conditional** to talk about real and possible future situations. If a condition is met; a result follows. The condition could be possible, uncertain, or advice.

1 Match each if-clause with its best result, then circle the modal verb.

If-clause		Results
1. If we prepare the breakfast basket early,		you may borrow my book.
2. If my brother learns how to swim,		we will have a picnic in the local park.
3. If you forget the notes we took in class,		he can go to the deep side of the pool safely.

2 Read the following story and write the correct modal verb.

(can / may / will / should)

Reem is preparing for her school's science competition. Her teacher says that if she starts revising now, she **(1)** certainly feel much more confident on the day. If Reem reads about the topic, she **(2)** answer the committee's questions confidently. Reem's father advised her, "If you have any questions, you **(3)** ask your teacher for help." If the organisers receive enough participants, they **(4)** add an extra event, but it is not confirmed yet. However, Reem knows it will be a great experience, no matter what happens!



3 Choose the correct modal verb (can, may, will, should) and write why you chose it.

1. If you eat a healthy diet, you also exercise regularly to stay fit.

Reason:

2. If the players train hard, they surely win the championship for Kuwait.

Reason:

3. If he asks his parents politely to buy him a new gaming station, they approve.

Reason:

4 Look at the 'Emoji by Emoji' chain. Write a 1st if-conditional sentence showing the if-clause and the result. Choose the most suitable modal verb.

	Emoji by Emoji	Your Sentences
1	 → 	
2	 → 	
3	 → 	
4	 → 	

Unit 2

Vocabulary Support 2

1 Read the words in the table and find their parts of speech and definitions in the glossary.

Words	Parts of Speech	Definitions
1. strict		
2. decompose		
3. incineration		
4. densely		

2 Unscramble the words under the pictures. Then, use them in sentences of your own.



1.

Sentence:

2.

Sentence:

3.

Sentence:

4.

Sentence:

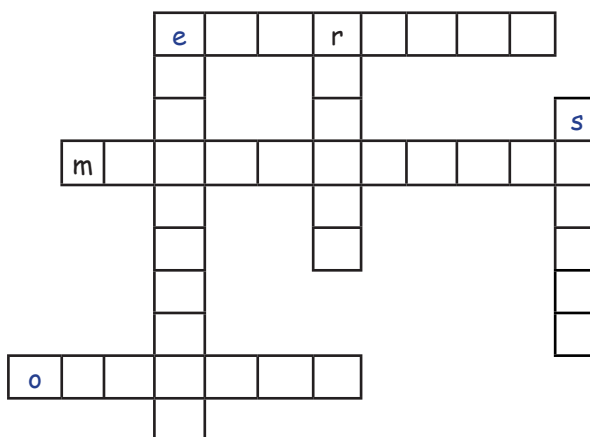
3 Find the synonyms and antonyms for the words below.

Across

- antonym for tiny (*adjective*) **enormous**
- synonym for build (*verb*)
- antonym for discontinue (*verb*)

Down

- synonym for finally (*adverb*)
- synonym for view (*verb*)
- antonym for always (*adverb*)



4 Write a sentence using both words in brackets. Make sure to show the meaning of the words clearly.

(upcycling / make over)

.....

.....

(brand-new / add up)

.....

.....

Steps for writing a summary:

- Find the main and supporting ideas of the text.
- Remove examples and repeated information.
- Use your own words where possible.
- Use linkers to connect your sentences smoothly.

1 Read the following text and do the tasks that follow.

Colour affects people more than they realise. Psychologists have studied how different colours influence the way people feel, think, and make decisions. Warm colours such as red and orange increase energy and create excitement. They make people feel more alert, which is why many restaurants and shops use them to attract attention. Cool colours such as blue and green have the opposite effect. They help people feel calm and focused, so they are often used in hospitals, schools, and offices. Colour also affects the way products are sold. Companies choose their brand colours carefully because colour influences whether a customer trusts or feels attracted to a product.

2 Take the role of a teacher and read the following summaries written by students. Then, match the appropriate note for the student:

..... **Clear and accurate**

..... **Copied too much from the original text**

..... **The main idea is missing**

(A) Red and orange are warm colours. Blue and green are cool colours. Many restaurants use warm colours. Hospitals often use blue and green. Companies choose brand colours carefully.

(B) Colour affects people more than they realise. Psychologists have studied how different colours influence the way people feel, think, and make decisions. Warm colours such as red and orange increase energy and create excitement. Cool colours such as blue and green help people feel calm and focused. Colour also affects the way products are sold.

(C) Colour has a strong effect on human feelings and decisions. Warm colours create energy and excitement. However, cool colours promote calm and focus. Businesses also use colour to influence how customers feel about their products.

3 Rewrite the summary in your own words in a paragraph of four to five clear sentences.

.....

.....

.....

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.....

.....

.....

.....

4 Compare with a partner using the checklist below.

Summary Assessment Checklist

- ☐ I included the main idea.
- ☐ I removed unnecessary details.
- ☐ I used correct punctuation.
- ☐ I added suitable linkers.
- ☐ I did not change the meaning.
- ☐ I wrote four to five sentences.

 Writing Prompt

“... He has produced you from the earth and settled you therein...” (Surah Hud, 11:61)

«هُوَ أَنشَأَكُم مِّنَ الْأَرْضِ وَاسْتَعْمَرَكُمْ فِيهَا» (سورة هود - آية 61)

Plan and write an expository essay of **no fewer than 12 sentences (around 120-140 words)**, explaining **the changes teenagers can make inside their homes** and **the choices they can make outside their homes to protect the environment**.

I. Introduction

.....

II. Body Paragraph 1:

Topic Sentence:

Supporting Detail 1:

.....

.....

Supporting Detail 2:

.....

.....

III. Body Paragraph 2:

Topic Sentence:

Supporting Detail 1:

.....

.....

Supporting Detail 2:

.....

.....

IV. Conclusion

.....

.....

[illegible]

Self Check:

- ☐ My introduction clearly previews both body paragraphs.
- ☐ Body 1 focuses on habits inside the home.
- ☐ Body 2 focuses on choices made outside the home.
- ☐ My conclusion restates the main idea and ends with a final thought.
- ☐ I have checked capitalisation, punctuation, and spelling using AI.

1 Choose the correct answer from a, b, c or d.

1. A healthy provides clean air, water, and food resources which are essential for life.
a) antique b) ecosystem c) tablet d) incineration
2. The company has a/ an new plan to expand into international markets.
a) ambitious b) reusable c) unnecessary d) second-hand
3. Nowadays, social media plays a vital role in spreading quickly among people.
a) alternative b) expertise c) composting d) awareness
4. The young man decided to his hobby into a successful home business.
a) injure b) unplug c) convert d) bury
5. Many communities are working to reduce waste through recycling programs.
a) landfill b) upcycling c) concept d) wind turbine

Quick tips for answering vocabulary MCQs

- ✓ Read the whole sentence first. Do not jump to the choices.
- ✓ Look for clue words: that is, or, but, for example, because.
- ✓ Read all answer choices, even if one looks right at first.
- ✓ Eliminate answers that do not fit the sentence meaning or grammar.
- ✓ Substitute each remaining choice into the sentence to see which sounds correct and natural.

2 Fill in the gaps with the suitable word from the list.

(combination / directly / seldom / flowing / vacant / emission)

6. The sunlight shines into my room in the morning with a golden glow.
7. We had found seats in the front row of the theatre before the movie started.
8. Scientists are studying how levels affect global temperatures negatively.
9. This dish is a perfect of sweet and sour flavours that everyone enjoys.
10. The river has water that never stops moving between mountains.

3 Choose the correct answer from a, b, c or d.

1. Omar and Ahmed in the same company since 2002.
a) have worked b) worked c) work d) is working
2. The government the facilities in the old city lately.
a) is expanding b) has expanded c) expanded d) expands
3. A group of young artists have displayed their paintings in the exhibition two weeks.
a) already b) since c) for d) yet
4. As a piece of advice, you consult a doctor for proper care if you feel sick.
a) should b) will c) may d) can
5. I am sure the phone will last all day if the battery fully charged.
a) been b) be c) was d) is

4 Choose the correct answer from a, b or c.

6. Farmers (**not plant**) the new seeds yet. (Correct the verb)
a) Farmers are not planting the new seeds yet.
b) Farmers do not plant the new seeds yet.
c) Farmers have not planted the new seeds yet.
7. The officials (**already open**) the bridge to the public. (Correct the verb)
a) The officials will already open the bridge to the public.
b) The officials have already opened the bridge to the public.
c) The officials are already opening the bridge to the public.
8. I am not sure, but if you wake up early, (Complete)
a) I am not sure, but if you wake up early, you may catch the bus.
b) I am not sure, but if you wake up early, you will catch the bus.
c) I am not sure, but if you wake up early, you should catch the bus.
9. If Fatema takes her computer to the technician, (Complete)
a) If Fatema takes her computer to the technician, he may fix it.
b) If Fatema takes her computer to the technician, he should fix it.
c) If Fatema takes her computer to the technician, he can fix it.
10. The student will pass the exam easily if he (**study**) regularly. (Correct the verb)
a) The student will pass the exam easily if he studies regularly.
b) The student will pass the exam easily if he studied regularly.
c) The student will pass the exam easily if he was studying regularly.

1 With a partner, carefully study the SEARCH table below.

S	Scan	Read the whole passage quickly to get a general sense.
E	Examine	Read the first and last sentences of paragraphs for main points.
A	Ask	Ask “What is this about?”: Name the topic in a few words.
R	Repeat	Look for repeated words or ideas that show importance.
C	Check	Check supporting details: Reasons, examples, or results that explain the topic.
H	Headline	Put it together in one short sentence (topic + main point).

2 Read the passage carefully, then answer the tasks that follow.

Community gardens help cities in many important ways. A community garden is a shared space where neighbours grow vegetables, fruits, and flowers together. First, these gardens make neighbourhoods greener and cleaner. Plants and trees improve air quality and make streets look nicer. Second, gardens give people fresh, healthy food. Families who visit the garden can pick vegetables and eat better without spending a lot of money. Third, gardens teach useful skills. Children and adults learn about planting, soil, and caring for nature. Schools sometimes use gardens for science lessons. Finally, community gardens support the local environment. They attract birds and insects, help rainwater soak into the ground, and reduce waste when people compost. In these ways, community gardens offer many benefits: they improve the environment, provide healthy food, strengthen community ties, teach new skills, and protect local wildlife. Cities that support community gardens create healthier, happier places for everyone.

3 Choose the correct answer from a, b, c or d.

1. What is the main idea of the passage ?

- a) Community gardens are expensive to build.
- b) Only families benefit from community gardens.
- c) Community gardens are only for growing flowers.
- d) Community gardens help cities in many important ways.



2. Which sentence best supports the main idea?

- a) Schools sometimes use gardens for science lessons.
- b) Plants and trees improve air quality and make streets look nicer.
- c) Cities that support community gardens create healthier, happier places for everyone.
- d) A community garden is a shared space where neighbors grow vegetables, fruits, and flowers.

3. Which detail is NOT given as a benefit of community gardens?

- a) They teach useful skills.
- b) They reduce plants and trees.
- c) They attract birds and insects.
- d) They provide fresh, healthy food.

Main Idea Checklist:

- ☐ I used the SEARCH steps.
- ☐ I can name the topic of the passage.
- ☐ I can find at least two supporting details.
- ☐ I can say which sentences show the main idea (first/last).

Module Two: Cultural Foundation & Civic Duty



Unit 3 Exploring Heritage

A **non-defining relative clause** is like the filling in a sandwich. It gives extra information, but you can remove it and still understand the sentence. The filling is always between commas (, ...,)

The Bread

The Filling

a. **The library** is an important spot for my imagination. I read books in the library.



(B1) Bread



, (F) Filling,



(B2) Bread

is an important spot
for my imagination.



b. The library,

where I read books,

1 Cover the blue part with your finger. Read the main sentence first. If it still makes sense, add commas around the extra information.

1. My friends | **who will join us later** | are bringing some food.
2. Friday | **when we relax after a long week** | is my favourite day.
3. The teacher | **whose lesson was very interesting** | helped us understand the topic.

2 Choose the correct relative pronoun in brackets.

1. This app, (*which* / *where*) is on my phone, is very useful for studying.
2. Mosques, (*which* / *where*) people pray, are important community centres.
3. The new museum, (*which* / *where*) will open next year, will attract many visitors.
4. The stadium, (*which* / *where*) I watched the match, is a modern landmark in the area.

3 Join the sentences below using the relative pronouns in brackets.

1. The school is located near my house. I meet my friends there. (**where**)

.....

2. Sports day is a chance to enjoy teamwork. Runners join races on that day. (**when**)

.....

3. My brother was not listening. His phone was ringing. (**whose**)

.....

4. The young man was very friendly. He helped me yesterday. (**who**)

.....

5. My coffee machine is noisy. It is making a loud sound. (**which**)

.....

4 Complete the sentences below by adding your own non-defining relative clauses (the filling). Use each relative pronoun once.

1. Souq Al-Mubarakiya,....., is a lively place in Kuwait.
2. My best friend,....., always listens to me in difficult times.
3. Artificial Intelligence,....., is becoming popular worldwide.
4. The policemen,....., keep our areas safe day and night.



The System Lockdown!

Unit 3 Vocabulary Support 1

The system is locked. Work in pairs and, in 30 minutes, use your language skills to save the data.

Audio Firewall

1 The audio lock is not working. Listen carefully to William's experience at the museum (3.2) and repeat the words in the table below. Find the silent 'r' sounds to unlock it.

The 'Vanishing R'	Words	Transcription	Sounds like
In British English, the letter 'r' is usually silent if it is followed by a consonant or if it is at the end of a word.	director	/daɪ'rektə/	di-rek-tuh
	creator	/kri'eɪtə/	cree-ay-tuh
	artefacts	/'ɑ:tɪfæks/	ah-ti-facts

1. Listen again. Which word **does NOT** follow the silent 'r' rule? Circle the answer.

- a. director b. artefacts c. narrow d. creator

2. Listen again. Highlight and count the silent 'r' sounds. Write the total number.

- a. conference b. award c. decorative d. watchtower

Total silent 'r' sounds:

Employee Chat Log

2 Some words are missing from the chat log. Read the dialogue and complete the gaps with the correct words from the list.

(devote / detailed / automatic / translation / evidence / sadly / illustrate)

Employee A:	Have you read the report from the director? It was quite (1)
Employee B:	Yes, I read it this morning. (2), our results are not good enough.
Employee A:	Does the report give any (3) ?
Employee B:	Yes, it does. It shows that we depended on AI to carry out (4) tasks.
Employee A:	Can the report (5) the main problems clearly?
Employee B:	Yes. It explains that we need to (6) more time to creative work.
Employee A:	I agree. We need new ideas for our project.

The Final Security Code

3 Use any three words from the list in Exercise 2 to write a short message to the director, suggesting improvements for the project you are working on.

We need to

The report gives

The chart can



Mission Complete!

You unlocked the system by using pronunciation, vocabulary, and teamwork!



The museum gates have closed! To escape, you must solve the language puzzles to open the gates.

The Passcode Room

1 Read the museum clues. Write the correct passcode words.



1. Used to hold valuable personal belongings. W _ _ _ _ C _ _ _
2. A traditional object used for centuries to make and serve Qahwa. D _ _ _ _
3. A traditional dance that shows unity and heritage. S _ _ _ _ D _ _ _
4. Used to burn oud or bakhoor and make the home smell nice. I _ _ _ _ B _ _ _ _
5. A custom where Qahwa is served with the right hand. S _ _ _ _ A _ _ _ _ C _ _ _ _
6. A place in the past where people met to buy, sell, and trade goods. T _ _ O _ _ S _ _

My Museum Choice

2 Choose one item from the museum. Write your opinion.

1. We prefer the instead of because
2. In my opinion, is more interesting because

The Heritage Word Room

3 Read the clues. Write the correct word to unlock the gate: **Culture/ Identity/ History**

a. Heritage

What we inherit from the past, such as:

- Customs
- Monuments
- National festivals

b.

Who you are because of your culture, e.g:

- Your nationality
- Your language
- Your values

c.

Records of past events such as:

- Wars
- Historical Events
- Important discoveries

d.

How people live today (lifestyle), such as:

- Food (Machboos)
- Clothes (Dishdasha)
- Drinks (Arabic coffee)

The Audio Gallery

4 Select the correct words to fix the audio files in the museum.

1. Food, clothes, music, and celebrations are part of a country's **culture**.
2. People wear traditional clothes to keep their alive for future generations.
3. Language, values, and traditions can shape a person's
4. The Battle of Jahra is a key event in our national

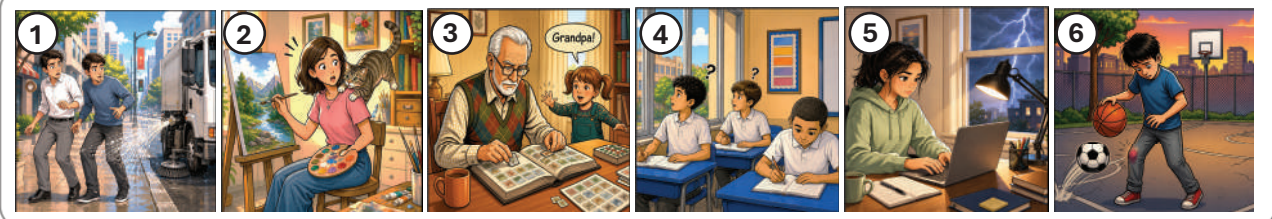
Mission Complete!

You solved the museum puzzles and used words accurately to unlock the past!

1 Study the following formula before answering the exercises below.

 	 	 
While/ As + long action, short action	While/ As + long action, long action	When + short action, long action

2 Look at the pictures and match the sentences in the table below.



 Long Actions	No.	 Short Actions
1. While the men were walking down the street,		the cat jumped on the painting.
2. The woman was painting a landscape when		the young girl called him.
3. While the grandmother was looking at the stamp book,		the machine sprayed water on them.
 Short Actions	No.	 Long Actions
4. The students saw something outside the class		he was playing basketball.
5. A lightning storm began outside		as they were writing in their book.
6. When the football hit the boy,		while the girl was typing the report.

3 Choose the correct answer in brackets.

- As I (*read / was reading*) a book in bed, I became very tired.
- As the driver was driving very fast, he (*felt / was feeling*) nervous.
- While we were having dinner, we (*were knowing / knew*) something was wrong.
- While my mother (*talked / was talking*) on the phone, she heard a strange noise.



Think. Connect. Grow.
The space between you
and your goal is learning.

4 Join the two sentences using (when, as, or while).

- She was walking along the beach. She found a strange shell.

.....

- The manager interrupted us. We were discussing the project.

.....

- We were waiting for the bus. It suddenly started to rain.

.....

- The policeman was helping the lost child find his parents. The mother was running to them.

.....

Students are preparing for a school Cultural Day. To make the event successful, they must complete word-family challenges, choose the correct word forms, and perform the text clearly.

Word Family Booth

- 1 Look at each word carefully. Write its word-family forms in the table.**

Verb	Adjective	Adverb	Noun
1. <i>amaze</i>		amazingly	amazement
2. No direct verb	<i>patient</i>	patiently	
3. identify	<i>identifiable</i>	<i>identifiably</i>	
4. continue	continuous		<i>continuity</i>
5.	<i>customised</i>	No direct verb	customisation

30-Second Finder Challenge

- 2 Read the text. Choose the correct form of the word in brackets.**

Last week, our school organised a Cultural Day, and the atmosphere was truly (1. *amazing/ amazingly/ amazement*). Students worked (2. *patient/ patiently/ patience*) to prepare their projects and presentations. Each group tried to (3. *identify/ identical/ identically*) different traditions from around the world. The event ran (4. *continuous/ continuously/ continuity*) from morning until the end of the day. Students were excited to (5. *customise/ customised/ customisation*) their work and ideas to make them unique and creative. Teachers watched (6. *patient/ patiently/ patience*) as students explained their work. At the end, the whole event was (7. *amazing/ amazingly/ amazement*) for everyone involved.

Audition Room

- 3 Work with a partner. Read the text aloud with clear pronunciation, pauses, and expression.**

Remember to:

- **Stress important words** (amazingly, patiently).
- **Pause** at commas and full stops.
- **Use voice up and down** (not flat).
- **Show feelings** (excited, calm, proud).
- **Speak clearly and loudly.**

Peer Assessment Checklist:

- ☐ You stressed key words.
- ☐ You read clearly and loudly.
- ☐ You used correct pronunciation.
- ☐ You showed expressions and feelings.

The Cultural Day Star! 🏆

- 4 Read one part of the text aloud to the class confidently.**



1 Read the text below, then do the tasks that follow.

Generation Alpha refers to children born from around 2010 onwards. We are the first generation to grow up fully in the digital age. I am part of Generation Alpha, and I can see these characteristics in my life. First, I use technology every day, and it feels natural to me. I learn quickly, especially when I watch videos or use apps. I also enjoy being creative, whether I am making videos, drawing, or sharing my ideas online. In addition, I care about global issues, such as protecting the environment. However, I face some health challenges. Spending too much time on screens can cause eye strain and headaches. It can also affect sleep, making it harder to rest well at night. In addition, sitting for long periods may lead to less physical activity, which can impact overall fitness. These habits can also reduce concentration and make it harder to stay focused for a long time.

2 Choose one prompt from the list. Then write it in the chatbot below.

AI Summary Helper

Hello! I'm your AI Summary Helper. I can help you make a clear and accurate summary. What would you like to do?

Summarise the passage
Summarise the text in 4-5 sentences.
Keep the main idea and important details.

Find the main idea
Tell me the main idea of the passage in one clear sentence.

Check my summary
Check my summary and give me feedback. Do not rewrite everything.

Improve my summary
Help me improve my summary using better words and linkers.

Tips for a good summary

- Keep the main idea.
- Include only important details.
- Remove examples and repeated ideas.
- Do not add new information.
- Use clear and simple English.

Ask Anything...

4 Check the summary generated by AI using the table below.

Generation Alpha are children born around 2010. They use phones, tablets, social media, and AI every day. They are always better than older generations because they know everything about technology. They are creative and adaptable, but they may face problems such as poor sleep and weak concentration. Parents and teachers should help them use technology responsibly.

Check	Question	Yes	No
Main idea	Did AI keep the main idea?		
Accuracy	Did AI change the meaning?		
Relevance	Did AI remove unnecessary details?		
Language	Is the summary clear and correct?		

5 In your own words, rewrite the AI summary correctly in four to five sentences. Use the above checklist.

3 Why did you choose this prompt?



Writing Prompt

Your heritage is your story – don't let it disappear.

Plan and write an expository essay of **no fewer than 12 sentences (around 120-140 words)** about our cultural heritage, **explaining why it is important to preserve our heritage** and **how we can protect it for future generations**.

I. Introduction

.....

II. Body Paragraph 1:

Topic Sentence:

Supporting Detail 1:

.....

.....

Supporting Detail 2:

.....

.....

III. Body Paragraph 2:

Topic Sentence:

Supporting Detail 1:

.....

.....

Supporting Detail 2:

.....

.....

IV. Conclusion

.....

.....

Post-Writing

Use the success bar below before submitting your writing. Tick until you reach excellent.

Low	Developing	Satisfactory	Good	Excellent
☐ I wrote a few ideas ☐ My sentences are simple. ☐ I need more details.	☐ I have some ideas about heritage. ☐ I wrote an introduction. ☐ I used a few linking words.	☐ I wrote clear paragraph. ☐ I gave reasons . ☐ I added some examples.	☐ I used a strong hook. ☐ My ideas are clear and organised. ☐ I explained how to protect heritage. ☐ I used a range of vocabulary.	☐ My writing is clear, and detailed. ☐ I used strong examples. ☐ I used linking words effectively. ☐ I used a range of vocabulary. ☐ My conclusion is meaningful.

1 Choose the correct answer from a, b, c or d.

1. My grandmother old photos in a wooden box for many years.
a) devoted to b) stranded for c) tucked away d) passed down
2. You can click on the link to the full article about air pollution.
a) view b) educate c) bridge d) dye
3. Experts travelled to Dubai to join the about technology and learning.
a) evidence b) passage c) director d) conference
4. The lift in the mall stopped suddenly because of a fault.
a) decorative b) mechanical c) detailed d) classic
5. The worker sent the of his contract from Arabic to English yesterday.
a) creativity b) artefact c) root d) translation

Quick tips for answering vocabulary MCQs

- ✓ Read the whole sentence first. Do not jump to the choices.
- ✓ Look for clue words: that is, or, but, for example, because.
- ✓ Read all answer choices, even if one looks right at first.
- ✓ Eliminate answers that do not fit the sentence meaning or grammar.
- ✓ Substitute each remaining choice into the sentence to see which sounds correct and natural.

2 Fill in the gaps with suitable words from the list below.

(identity / ceremony / overseas / walker / sadly / watchtower)

6., Kuwait National Museum closed before we arrived.
7. Some students dream of studying when they finish school.
8. The writer explains how family stories can strengthen a child's sense of
9. From the top of the, soldiers could watch the sea and warn people of danger.
10. The national reminded people of the importance of loyalty, unity and under the responsibility.

3 Choose the correct answer from a, b, c or d.

1. My teacher, encourages creative thinking, inspires us to try new ideas.
a) where b) whose c) who d) when
2. The meeting, lasted two hours, ended with a speech about serving our community.
a) where b) whose c) who d) which
3. My co-worker his project when his laptop suddenly stopped working.
a) was preparing b) is preparing c) will prepare d) prepares
4. As the team was presenting its science project, the judges detailed notes.
a) will take b) are taking c) were taking d) takes
5. While the temperature was rising during the day, farmers their fields.
a) are watering b) were watering c) will water d) water

4 Choose the correct answer from a, b or c.

6. While the clouds (**gather**) in the sky, people were closing their windows. **(Correct the verb)**
a) While the clouds were gathering in the sky, people were closing their windows.
b) While the clouds are gathering in the sky, people were closing their windows.
c) While the clouds will gather in the sky, people were closing their windows.
7. Fishermen were catching fewer fish. Officials found pollution in the water. **(Join using: when)**
a) Officials found pollution in the water when fishermen were catching fewer fish.
b) When fishermen were catching fewer fish, officials found pollution in the water.
c) Fishermen were catching fewer fish when officials found pollution in the water.
8. The day remains my happiest memory. We won the sports competition. **(Join the sentences)**
a) The day, where we won the sports competition, remains my happiest memory.
b) The day, when we won the sports competition, remains my happiest memory.
c) The day, who we won the sports competition, remains my happiest memory.
9. The café opens early every morning. They serve the best hot chocolate there. **(Join the sentences)**
a) The café, when they serve the best hot chocolate, opens early every morning.
b) The café, who they serve the best hot chocolate, opens early every morning.
c) The café, where they serve the best hot chocolate, opens early every morning.

1 With a partner, carefully study the IDEAS table below.

I	Inference	meaning must be guessed from the whole idea or situation.
D	Definition/ explanation	the sentence directly defines the word.
E	Example	examples clarify the word.
A	Antonym/ contrast	an opposite or contrast helps show meaning.
S	Synonym/ restatement	a near word repeats the meaning.

2 Read the passage carefully, then answer the tasks that follow.

People prefer quick, interesting nature facts because they make learning lively. For instance, a camel has a **hump**, a large pocket of fat on its back that stores energy. That is, the hump gives the camel fuel when food is limited. In addition, some animals are **nocturnal**, or active at night; in other words, they sleep in the day and hunt after dark. Furthermore, wolves live in **packs**, but many big cats are solitary; this contrast shows different social styles in animals. Meanwhile, looking at marine life, sea turtles eat jellyfish, **seaweed**, and small fish; for example, a green sea turtle often eats seaweed near the shore. Similarly, many birds **migrate** south in winter to find warmth and food; meaning they move long distances when seasons change. Finally, a bee visits flowers to collect **nectar**, which is a sweet juice that the bee uses to make honey.

3 For each underlined word, write: inference, definition, example, antonym, or synonym.

- hump: **definition**
- nocturnal:
- packs:
- seaweed:
- migrate:
- nectar:



4 Choose the correct answer from a, b or c.

1. The underlined word 'hump' in the 1st line means:

- a) a sail on a ship b) a hill c) a pocket of fat on a camel's back

2. What does the underlined word 'nocturnal' in the 2nd line mean?

- a) active at night b) eating plants c) living in water

3. The underlined word 'packs' in the 3rd line means:

- a) small bags b) fast movements c) groups living together

4. What does the underlined word 'migrate' in the 5th line mean?

- a) sleep in winter b) move long distances c) build nests



Read each sentence slowly and look for words like 'that is,' 'or,' 'but,' 'for example', or clues in the whole sentence to help you understand new words.

Module Two: Cultural Foundation & Civic Duty



Unit 4 Citizenship

1 Match each reported speech to the correct direct speech.

Reported Speech		Direct Speech
1. He said he would like the new staff uniforms.		"I like the new staff uniforms."
2. He said he had like the new staff uniforms.		"I liked the new staff uniforms."
3. He said he liked the new staff uniforms.		"I will like the new staff uniforms."

2 Find the mistakes in each sentence below, then report the sentence correctly.

1. **Direct:** "We will visit the museum tomorrow," said the tourists.

Reported: They said that we will visit the museum the next day.

2. **Direct:** "I finished my creative writing assignment yesterday," mentioned my sister.

Reported: She mentioned that she finishes her creative writing assignment yesterday.

3. **Direct:** "I am busy with my meeting now," announced the employee.

Reported: He announced that he is busy with my meeting then.

3 Rewrite the direct speech into reported speech from these extracts.

1.

"I write articles about monuments for the newspaper," said the journalist.

2.

"We finished the repairs on the office yesterday," the manager claimed.

3.

"I will show my classmates the new posters tomorrow," Sarah said.

1.
2.
3.

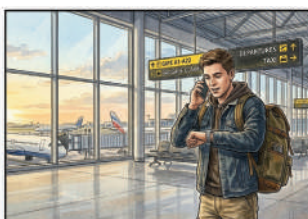
4 Guess and write the reported speech said by the people in the images below



The tour guide said

.....

.....



The traveller said

.....

.....



The engineer said

.....

.....

1 Match the words with their correct definitions.

1. continuously		to act according to an order, set of rules, or request
2. comply		a person in your family who lived a long time
3. altruism		to protect something/somebody from loss, harm or damage
4. ancestor		the fact of caring about the needs and happiness of others
5. safeguard		in a way that happens for a time without being interrupted

2 Find, then highlight, all the words from the list in the word search grid.

ALTRUISM LEADER
CAPACITY SAFEGUARD
COMPLY SITE
CULTURALLY TIE

W	S	A	F	E	G	U	A	R	D
F	Q	L	E	A	D	E	R	N	L
K	A	D	W	S	I	T	E	Y	K
C	U	L	T	U	R	A	L	L	Y
A	F	U	D	C	O	M	P	L	Y
I	C	A	P	A	C	I	T	Y	E
F	B	A	L	T	R	U	I	S	M
T	E	K	T	I	E	Q	O	S	T

3 Fill in the gaps using the words from the word bank below.

site / tied / well-known / transformation / rapidly / marked

- The historical is protected by the government to prevent damage.
- Building the new cultural centre had an important milestone for the city.
- The weather changed; it was sunny one minute and raining the next.
- There has been a major in how people use technology for education lately.
- The athlete is for his charity work across the entire nation.

4 Choose the best word in brackets to complete the sentences.

- All leaders are working to keep new technology (*stable/loyal*) and safe.
- The young speaker's (*universal/new-found*) confidence on stage surprised everyone.
- She tried to (*volunteer/downplay*) her fear of lizards when the zookeeper placed one on her shoulder.
- Being a good citizen means more than living in a place; it involves active (*citizenship/collection*).

5 Underline the words with meanings similar to the words in brackets. Then rewrite the sentences.

- The museum gathered a large group of historical artefacts. (**collection**)
The museum gathered a large collection of historical artefacts.
- The team managed to keep up their high energy levels until the end of the race. (**sustain**)
.....
- The massive umbrella was their only protection against the heavy rain. (**defence**)
.....
- Jenan usually likes to offer her time to organise community charity events. (**volunteer**)
.....

Idioms are phrases whose meaning isn't obvious from the individual words. Using them correctly can make your writing sound more natural and engaging.

Navigate 4 rooms, solve language challenges, and design a mobile-ready app to unlock the final escape door!

Picture Logic Lock!

- 1 Complete the idioms using the word list. Then, match them with their correct meanings.
(sleeves / rocket / boat / heart / viral)

Idioms	No.	Meanings
1. is not 		to prepare for hard work
2. lose 		to become very popular very quickly
3. go 		something not difficult to do
4. roll up my 		to lose an opportunity
5. miss the 		to stop believing that you succeed

AI Secure Room

- 2 Read the text below and decide which idiom from the table above best fits each gap.

Preparing for the project was no easy task. I knew I had to (1) if I wanted it to be successful. My teacher told me not to (2) or feel discouraged if I face difficulties. In the age of AI, it should be easy. "It is (3)"! said my teacher. Luckily, on the day of the presentation, everyone took pictures and wanted my idea to (4)! I'm just glad the whole course is over; and I am proud of myself because I didn't (5) and took advantage of every opportunity to get the best marks!

Dialogue Doorway!

- 3 Complete the following dialogue using idioms from the previous exercises.

Sheikha: I'm so nervous about the baking competition tomorrow. Everyone is so talented!

Mariam: Do not (stop believing that you can succeed)! You've been practising for weeks.

Sheikha: I hope so. I just don't want to (lose an opportunity) make any mistakes!

Mariam: Just (prepare for the hard work) and I know you will succeed.

Sentences Seal Room

- 4 Use the following idioms in sentences of your own to describe an app.

1. go viral:

2. is not rocket science:

Mission Complete!

You have leveled up your language skills and unlocked the escape door!

- 1 Look at the images below. Work with a partner to decide if the items are countable or uncountable.



1. suitcase	2. advice	3. passport	4. money	5. student
.....				

- 2 Read the following sentences. Circle the correct answer.

- We need to research (*many/much*) information about the cultural centres before going there.
- Bader bought (*a few/a little*) souvenirs for his family on the trip yesterday.
- We saw (*much/many*) visitors from all over the Gulf during the National Day celebrations.
- My father gave me (*a few/a little*) advice about dealing with difficult situations.

- 3 Complete the sentences using the correct future form of the verb in brackets.

- I think more neighbours (*visit*) our diwaniya this Friday. (*Prediction*)
- My friends and I (*buy*) lunch after shopping. (*Intention*)
- My favourite gym class (*start*) at 8:00 a.m. tomorrow. (*Fixed Arrangement*)
- I believe the weather (*be*) warm next weekend. (*Prediction*)
- The famous writer (*give*) a speech on Thursday afternoon. (*Fixed Arrangement*)

- 4 Complete the dialogue by choosing the correct answer in brackets.

A: What are your plans for next week?

B: We (1. *will/are going to*) gather at my grandparents' house and play board games next week.

A: That sounds exciting! Perhaps I (2. *will join/am joining*) you.

B: That would be great. Afternoon tea (3. *is beginning/is going to begin*) at 4:30 p.m.

A: I predict that many cousins (4. *will be/are being*) there. Everybody enjoys the tea and board games.

- 5 Create your own sentences using the prompts below.

1. **Will:** Write a prediction about a future job.

.....

2. **Going to:** Write about something you are planning or intending to do.

.....

3. **Present continuous:** Write about a fixed future arrangement with your friend.

.....



Think. Connect. Grow.
Smart is what you build,
not only what you are.

Welcome to the vocabulary challenge where teams decode legal terms, match definitions, transform word forms, and apply words in context to build an airtight case.

Evidence Entry!

1 Choose the correct word in brackets.

1. The new law was designed to ensure (*equality/equally*) for all citizens.
2. The film was (*interestingly/interesting*) different from the original book.
3. It is extremely (*rarely/rare*) to find this species of flower growing in the desert.
4. We must (*respect/respectful*) other people's opinions, even when we disagree.

Interrogation Room

2 Group the words from the word bank into the correct categories.

freedom / contract / skyline / record / monument / equality		
Law	Landmarks	Values
1.	3.	5.
2.	4.	6.

Case File Forms

3 You have two messages: one is formal, and one is informal. Use the words in the box to complete the speech with a new vocabulary word.

sentence / lasting / symbolise / mature	
Informal	Formal
1. "I'm getting older and wiser ."	"I am becoming more"
2. "I want this deal to be forever ."	"I want this deal to have a effect."
3. "The judge gave him 10 years in prison."	"The judge him to 10 years in prison."
4. "Traditional recipes show our heritage."	"Traditional recipes our heritage."

Courtroom Closing

4 Write 2-3 sentences discussing one of the following topics (Sports / Fashion / Art). You must use as many of the following words as possible.

(character / universal / formal / informal / impose / regulation / showcase)

.....

Summary Mechanics

- 1 Paraphrase the following sentences using the examples provided.

Type of Paraphrasing	Examples	Sentence	Paraphrased
Synonyms	start → begin easy → simple	It is important to talk to your family.	
Parts of speech	different → difference happy → happily	Families need to communicate well to stay close.	
Transition Words	but → however also → in addition	Also, you should spend time together without phones.	
Remove Unnecessary Information	Teenagers enjoy using smart devices, such as phones and tablets.	Although my uncle lives far away, in Canada, he still calls us every week.	

2 Summary-making

The Bermuda Triangle is a famous area in the Atlantic Ocean located between Florida, Bermuda, and Puerto Rico. For many years, people have reported that ships and airplanes mysteriously disappeared while travelling through that area. These stories have led to many theories about what really happens there. Some people believe that aliens, sea monsters, or strange magnetic forces are responsible for the disappearances. However, scientists and researchers argue that there is no evidence to support these ideas. Instead, they explain that strong storms, large ocean waves, and human error are more likely causes. They also point out that thousands of ships and planes safely pass through the area every year. Although experts disagree with the stories told, the Bermuda Triangle continues to fascinate people around the world and remains one of history's greatest unsolved mysteries.

In four to five sentences of your own, summarise and paraphrase the above passage.

.....

.....

.....

.....

Self-assessment Checklist

- ☐ I included the main idea.
- ☐ I removed unnecessary details.
- ☐ I used correct punctuation.
- ☐ I added suitable linkers.
- ☐ I used synonyms and did not change the meaning.

 Writing Prompt

“National unity cannot exist without the strengthening of identity and citizenship.”
- His Highness the Amir, Sheikh Meshal Al-Ahmad Al-Sabah

Plan and write an expository essay of **no fewer than 12 sentences (around 120-140 words)** explaining **the qualities of a good citizen** and **providing examples of everyday actions they can take**.

I. Introduction

.....

II. Body Paragraph 1:

Topic Sentence:

Supporting Detail 1:

.....

.....

Supporting Detail 2:

.....

.....

III. Body Paragraph 2:

Topic Sentence:

Supporting Detail 1:

.....

.....

Supporting Detail 2:

.....

.....

IV. Conclusion

.....

.....

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

Self-assessment Checklist

- ☐ My introduction outlines both the qualities and actions of a good citizen.
- ☐ I have included a clear conclusion to my topic.
- ☐ I have structured my essay into four paragraphs.
- ☐ I used linkers to ensure my writing flows smoothly.
- ☐ I have checked my spelling, grammar and punctuation.

1 Choose the correct answer from a, b or d.

1. The teacher will the correct answer in green instead of red.
a) mark b) tie c) showcase d) respect
2. Young people can help improve the future of their
a) sentence b) altruism c) nation d) freedom
3. Abdulrahman Al Sumait was for his charity work worldwide.
a) well-known b) new-found c) informal d) mature
4. The clinic keeps a of all my visits and prescriptions throughout the year.
a) defence b) skyline c) citizenship d) record
5. My cat,, can't taste sweetness and never craves candy.
a) interestingly b) culturally c) continuously d) rapidly

Quick tips for answering vocabulary MCQs

- ✓ Read the whole sentence first. Do not jump to the choices.
- ✓ Look for clue words: that is, or, but, for example, because.
- ✓ Read all answer choices, even if one looks right at first.
- ✓ Eliminate answers that do not fit the sentence meaning or grammar.
- ✓ Substitute each remaining choice into the sentence to see which sounds correct and natural.

2 Fill in the gaps with suitable words from the list below.

(loyal / respect / collection / lasting / comply / monument)

6. My grandfather has a valuable of old coins from different countries.
7. The was built to honour the soldiers who fought for their country.
8. A/An friend stands by your side during both good and difficult times.
9. People should different opinions during discussions.
10. Hospitals must with strict health and safety standards.

3 Choose the correct answer from a, b, c or d.

1. The boy said that he his little brother with the project the day before.
a) will help b) has helped c) had helped d) helps
2. Scientists need information before they can conclude their studies.
a) much b) many c) little d) few
3. The museum attracts tourists during the holiday season reaching 2000 visitors.
a) few b) much c) little d) many
4. Artificial intelligence the way people communicate and work in the future.
a) was transforming b) transforms c) transformed d) will transform
5. The city council a new park in the city centre next year.
a) was opening b) is opening c) opens d) opened

4 Choose the correct answer from a, b or c.

6. "I finished my homework early," said the boy. (Report the sentence)
a) The boy said that he had been finishing his homework early.
b) The boy said that he had finished his homework early.
c) The boy said that he will finish his homework early.
7. My classmate (**meet**) me at the cafe this afternoon. (Correct the verb)
a) My classmate met me at the cafe this afternoon.
b) My classmate is meeting me at the cafe this afternoon.
c) My classmate was meeting me at the cafe this afternoon.
8. "We will go camping in the desert," said the father. (Report the sentence)
a) The father told them that they are going camping in the desert.
b) The father told them that they went camping in the desert.
c) The father told them that they would go camping in the desert.
9. "I use my smartwatch to pay for goods," said my sister. (Report the sentence)
a) My sister said that she used her smartwatch to pay for goods.
b) My sister said that she had used her smartwatch to pay for goods.
c) My sister said that she has used her smartwatch to pay for goods.
10. The company (**launch**) its new store in Kuwait next weekend. (Correct the verb)
a) The company had launched its new store in Kuwait next weekend.
b) The company was launching its new store in Kuwait next weekend.
c) The company is going to launch its new store in Kuwait next weekend.



1 With a partner, carefully study the CLUE table below.

C	Check	Check the title and first sentence (what is it about?)
L	Look	Look at the feeling or tone (happy, serious, bossy, funny)
U	Use	Use key words (facts = inform / should, must = persuade / fun, imagery = entertain)
E	End	End check: does the ending ask you to do something, give facts, or finish a story?

2 Read the passage carefully, then answer the tasks that follow.

The barcode changed shopping and business around the world. In 1974, the first barcode was scanned at a supermarket in the United States. A barcode is a set of black lines and white spaces that a scanner reads to get information, such as a product's price or name. Before barcodes, cashiers had to type prices by hand, which took time and caused mistakes. The barcode made checkout faster and more accurate. Stores could also track how many items they sold and when they needed more stock. Manufacturers used barcodes to manage factories and shipping. Over time, barcodes became standard in shops, hospitals, and libraries because they save time and reduce errors. Today many phones can read barcodes, and new codes, like QR codes, can store more information.

3 Choose the correct answer from a, b, c or d.

1. What is the best title for the passage ?

- a) Cashiers
- b) Barcodes
- c) QR Codes
- d) Manufacturers

2. What does a barcode do?

- a) It stores items on a shelf.
- b) It replaces cashiers completely.
- c) It shows colourful pictures of products.
- d) It gives a scanner information like a product's price or name.

3. What is the writer's main purpose for this passage?

- a) To entertain readers with a story about shopping.
- b) To persuade stores to stop using barcodes.
- c) To inform readers about the invention and uses of the barcode.
- d) To describe how to scan a barcode on a phone.



The CLUE Checklist :

- ☐ Did I read the first sentence to find the topic?
- ☐ Does the language sound like facts (inform), opinions (persuade), or a story (entertain)?
- ☐ Does the ending summarise facts, ask for action, or finish a story?
- ☐ Does the ending help confirm the writer's purpose?



Evaluation Participants



PDF Book