



Unit 5 : The power of sports

U.5-L.1 The power of sports P.19			U.5-L.5 The Rise of E-sports P.24		
enthusiastically	(adv.)	بحماس	emerge	(v.)	يظهر - يبرز
require	(v.)	يتطلب- يحتاج	rapidly	(adv.)	بسرعة
injury	(n.)	إصابة	platform	(n.)	منصة
compete	(v.)	ينافس	massive	(adj.)	ضخم - هائل
individually	(adv.)	بشكل فردي	evolve	(v.)	يتطور
boost	(v.)	يعزز - يقيم	intensively	(adv.)	بشكل مكثف
self-confidence	(n.)	الثقة بالنفس	strategy	(n.)	استراتيجية / خطة
fulfilling	(adj.)	مريح	professional	(adj.)	محترف
athlete	(adj.)	لاعب ألعاب القوى	experienced	(adj.)	ذو خبرة - خبير
key	(n.)	دلاي - هام - ضروري	nutritionist	(n.)	أخصائي تغذية
flexibility	(n.)	مرونة	genuine	(adj.)	حقيقي / أصلي
strategic	(adj.)	استراتيجي	dedication	(n.)	تفان - إخلاص
technique	(n.)	تقنية	income	(n.)	دخل
performance	(n.)	أداء	fame	(n.)	شهرة
persistence	(adj.)	ضروري	addicted	(adj.)	مدمن
significant	(n.)	بارز - هام	pursue	(v.)	يلحق
unite	(v.)	يوحد			
diverse	(adj.)	متنوع			
mutual	(adj.)	مشترك			
adopt	(v.)	يبدأ - يتبنى			

A. Choose the correct answer from a, b, c, and d:

1. The young trained every day for the big race.

- a. injury b. athlete c. technique d. mutual

2. The team worked in a way to win.

- a. massive b. mutual c. fulfilling d. addicted

3. Regular exercises can your health.
 a. boost b. require c. adopt d. compete
4. An nutritionist helps athletes choose healthy food.
 a. significant b. diverse c. recreational d. experienced
5. Success in sports needs a lot of and hard work every day.
 a. fame b. income c. dedication d. injury
6. The athlete's improved after months of regular training
 a. performance b. platform c. duty d. dedication
7. The coach taught a new for swimming faster.
 a. confidence b. diversity c. technique d. recreation
8. Many people a healthy lifestyle after a medical scare.
 a. boost b. adopt c. unite d. compete
9. Teams from many countries will in the world tournament.
 a. require b. boost c. adopt d. compete
10. This job will you to work on weekends.
 a. unite b. boost c. require d. adopt
11. The festival will people from different cultures.
 a. adopt b. compete c. unite d. require
12. Our school is very; students come from many countries.
 a. mutual b. diverse c. key d. strategic

B. Fill in the spaces with words from the list:

(injury – platform – emerged – compete – enthusiastically)

13. Many new talents during the competition last year.
14. A serious can stop a player from training for months.
15. Ali raised his hand to answer the question.
16. Players must in tournaments to improve their skills.



Grammar

The Past Perfect Tense زمن الماضي التام

Keywords كلمات داله	
After As soon as Because	Subject + had/ hadn't + p.p ... , ماضي بسيط
ماضي بسيط	after as soon as because Subject + had/ hadn't + p.p ...
Before By the time When	Subject + had/ hadn't + p.p ... , ماضي بسيط
Subject + had/ hadn't + p.p ...	before by the time when ماضي بسيط

Examples :

I had finished my homework before my mother came home.

After Ali had finished his homework, he played FiFa 26 on his PS.

If "Third Conditional" الحالة الثالثة

Form

الصيغة

If + الفاعل + had + (التصريف الثالث) , would have + (التصريف الثالث) + الفاعل

Examples :

If I had studied harder, I would have passed the exam.

She would have arrived on time if she had left home early.

A. Choose the correct answer from a, b, c and d:

1. Ali his homework after he had come back from school.

a. finishes b. had finished c. finished d. finishing

2. He didn't go to class because he his homework the night before.

a. hadn't done b. does c. did d. is doing

3. As soon as the children dinner, they went to sleep.
a. have b. is having c. had had d. will have
4. Before the boy went to bed, he his room neatly.
a. had cleaned b. cleans c. is cleaning d. cleaned
5. If the boy his homework, he would have gone out with his friends.
a. finished b. had finished c. has finished d. finishes
6. If he had performed harder in that match, he more goals.
a. scores b. score c. would have scored d. scored

B. Do as shown between brackets:

7. He (call) his friend after he had completed his project.
..... (Correct)
8. The teacher (check) all the assignments by the time the students came to class.
..... (Correct)
9. If the weather (be)warmer, we would have gone on a school trip.
..... (Correct)
10. They (avoid) the problem if they had followed the instructions.
..... (Correct)

مدرسة التميز النموذجية



Model answers

A. Choose the correct answer from a, b, c , and d:

1. The young trained every day for the big race.
a. injury b. athlete c. technique d. platform
2. The team worked in a way to win.
a. massive b. mutual c. fulfilling d. addicted
3. Regular exercises can your health.
a. boost b. require c. adopt d. compete
4. An nutritionist helps athletes choose healthy food.
a. significant b. diverse c. recreational d. experienced
5. Success in sports needs a lot of and hard work every day.
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12. Our school is very; students come from many countries.
a. mutual b. diverse c. key d. strategic



B. Fill in the spaces with words from the list:

(**injury – platform – emerged – compete – enthusiastically**)

13. Many new talents **emerged** during the competition last year.
14. A serious **injury** can stop a player from training for months.
15. Ali **enthusiastically** raised his hand to answer the question.
16. Players must **compete** in tournaments to improve their skills.

Grammar

A. correct answer from a, b, c and d:

1. Ali his homework after he had come back from school.
a. finishes b. had finished c. **finished** d. finishing
2. 4. He didn't go to class because he his homework the night before.
a. **hadn't done** b. does c. did d. is doing
3. As soon as the children dinner, they went to sleep.
a. have b. is having c. **had had** d. will have
4. Before the boy went to bed, he his room neatly.
a. **had cleaned** b. cleans c. is cleaning d. cleaned
5. If the boy his homework, he would have gone out with his friends.
a. finished b. **had finished** c. has finished d. finishes
6. If he had performed harder in that match, he more goals.
a. scores b. score c. **would have scored** d. scored

B. Do as shown between brackets:

7. He (call) his friend after he had completed his project. (Correct)
He called his friend after he had completed his project.
8. The teacher (check)....all the assignments by the time the students came to class.(Correct)
The teacher had checked all the assignments by the time the students came to class.
9. If the weather (be)warmer, we would have gone on a school trip. (Correct)
If the weather had been warmer, we would have gone on a school trip.
10. They (avoid) the problem if they had followed the instructions. (Correct)
They would have avoided the problem if they had followed the instructions.